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RN/M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 History Prevention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Obligaries 113 Service News 116	Contents		
Proj. 288 in the right direction Surgeon Rear Admiral M P W H Paine QHS Defence Medical Services Training Centre Brigadier M J Ratcliffe, L/RAMC 61 Del ting Point Ac ical review of Reflective Practice in its role towards Personal and Professional Development Leading Naval Nurse T R Rooke 66 Ad nturous Training The Interview of Reflective Practice in its role towards Personal and Professional Development Leading Naval Nurse T R Rooke 66 Ad nturous Training The Interview of Reflective Practice in its role towards Personal and Professional Development Leading Naval Nurse T R Rooke 66 Ad nturous Training The Interview of Reflective Practice in its role towards Personal and Professional Development Leading Naval Nurse T R Rooke 67 Ad nturous Training The Interview of Reflective Practice in its role towards Personal and Professional Development Leading Medicine The althophysiology of primary blast injury and its implications on treatment. Part I: The thorax Surgeon Lieutenant Commander N A Glover 79 Op ational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Surgeon Lieutenant E Tickle 93 Training Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR 97 M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His sry Pre mition of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Ob Laries 1113 Ser ice News			
Surgeon Rear Admiral M P W H Paine QHS The Defence Medical Services Training Centre Brigadier M J Ratcliffe, L/RAMC 61 Del ting Point Actical review of Reflective Practice in its role towards Personal and Professional Development Leading Naval Nurse T R Rooke 66 Ad nturous Training The ocean Yacht Racing Medic: An Overview Surgeon Commander J Campbell Mackenzie RD* RNR 71 Clii cal management The athophysiology of primary blast injury and its implications on treatment. Part I: The thorax Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover 79 Op ational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Surgeon Lieutenant E Tickle 93 Traing Metal Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR RN IM Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His sry Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Obstaries 113 Ser ice News 116			
Brigadier M J Ratcliffe, L/RAMC Del ting Point Actical review of Reflective Practice in its role towards Personal and Professional Development Leading Naval Nurse T R Rooke Ad nturous Training The locan Yacht Racing Medic: An Overview Surgeon Commander J Campbell Mackenzie RD* RNR 71 Cli cal management The athophysiology of primary blast injury and its implications on treatment. Part I: The thorax Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover 79 Op ational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Surgeon Lieutenant E Tickle 93 Tracing Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His ory Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Obstaries 113 Service News 116		Surgeon Rear Admiral M P W H Paine QHS	60
Ac cical review of Reflective Practice in its role towards Personal and Professional Development Leading Naval Nurse T R Rooke Ad nturous Training The cean Yacht Racing Medic: An Overview Surgeon Commander J Campbell Mackenzie RD* RNR 71 Clin cal management The athophysiology of primary blast injury and its implications on treatment. Part I: The thorax Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover 79 Op ational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Surgeon Lieutenant E Tickle 93 Traing Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His ory Pre ention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Ob naries 111 Service News	пис		61
Leading Naval Nurse T R Rooke Add nturous Training The scean Yacht Racing Medic: An Overview Surgeon Commander J Campbell Mackenzie RD* RNR 71 Clin cal management The athophysiology of primary blast injury and its implications on treatment. Part I: The thorax Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover 79 Op ational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Opc ation Resilient — A Medical Officer's View Surgeon Lieutenant E Tickle 93 Tracing Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR 97 RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His cry Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph Book Reviews 110 Obstaties 113 Service News			
The cean Yacht Racing Medic: An Overview Surgeon Commander J Campbell Mackenzie RD* RNR Clic cal management The athophysiology of primary blast injury and its implications on treatment. Part I: The thorax Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover Op ational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Surgeon Lieutenant E Tickle 93 Traing Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR 97 RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His ry Pre-ention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Oblitaries 113 Service News	A C		66
Surgeon Commander J Campbell Mackenzie RD* RNR Clic cal management The athophysiology of primary blast injury and its implications on treatment. Part I: The thorax Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover 79 Op ational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley 87 Operation Resilient — A Medical Officer's View Surgeon Lieutenant E Tickle 93 Traing Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR 97 RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His sry Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Oblitaties 111 Service News			
The athophysiology of primary blast injury and its implications on treatment. Part I: The thorax Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover 79 Op ational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Surgeon Lieutenant E Tickle 93 Traing Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His sry Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Oblitaties 113 Service News	ne		71
Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover Poparational Medicine HM Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Surgeon Lieutenant E Tickle Surgeon Lieutenant E Tickle Past and Present Surgeon Commander W M Luke RNR RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves His sry Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph Book Reviews 1100 Book Reviews 1110 Ser ice News			
HIV Illustrious, Ocean Wave 97 and the Medical Branch Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Population Resilient — A Medical Officer's View Surgeon Lieutenant E Tickle 93 Training Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR Population of Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 History Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Book Reviews 111 Service News 111	The	Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps	79
Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley Optiation Resilient — A Medical Officer's View Surgeon Lieutenant E Tickle 93 Ifracing Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR 97 RN/M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 History Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Bock Reviews 0b Daries 110 Service News	. ~		
Operation Resilient — A Medical Officer's View Surgeon Lieutenant E Tickle 93	HM		87
ITraining Medical Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR 97 RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 History Prevention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Obitiaries 1113 Service News	Орс	ation Resilient — A Medical Officer's View	
Med cal Officer Training in the Royal Naval Reserve — Past and Present Surgeon Commander W M Luke RNR RN M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 History Presention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews Obitiaries Service News 116		Surgeon Lieutenant E Tickle	93
Surgeon Commander W M Luke RNR RN/M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 His Pry Pre-ention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews Obitiaries Service News 116			
RN/M Surgical Team Exercise Clockwork North, Norway 1998 Leading Naval Nurse K Eves 105 History Prevention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph 107 Book Reviews 110 Obitiaries 113 Service News 116	Me		97
His Fry Prevention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph Book Reviews Obilitaries 113 Service News	RN	M Surgical Team Exercise Clockwork North, Norway 1998	
Prevention of scurvy in the Royal Navy Dr D P Thomas and E M Bardolph Book Reviews Obligaries 113 Service News 116		Leading Naval Nurse K Eves	105
Dr D P Thomas and E M Bardolph Bock Reviews Obiquaries 113 Service News 116			
Obiliaries 113 Service News 116	Pre		107
Service News 116			

Cover illustration: Ocean Yacht Racing Medic Surgeon Commander Campbell Mackenzie and his son, Angus, round Cape Horn during the 1992 British Steel Challenge round the world yacht race (see paper on page 71)