

# JOURNAL of the ROYAL NAVAL MEDICAL SERVICE

Vol 84.2 1998

Neither the Ministry of Defence nor the Editorial Committee of the JRNMS accept responsibility for statements made or views put forward in this Journal including advertising material therein

ISSN 0035-9033

## Contents

Frontispiece	58
Editorial	59
<b>Updates</b>	
Progress in the right direction <i>Surgeon Rear Admiral M P W H Paine QHS</i>	60
The Defence Medical Services Training Centre <i>Brigadier M J Ratcliffe, L/RAMC</i>	61
<b>Debating Point</b>	
A critical review of Reflective Practice in its role towards Personal and Professional Development <i>Leading Naval Nurse T R Rooke</i>	66
<b>Adventurous Training</b>	
The Ocean Yacht Racing Medic: An Overview <i>Surgeon Commander J Campbell Mackenzie RD* RNR</i>	71
<b>Clinical management</b>	
The pathophysiology of primary blast injury and its implications on treatment. Part I: The thorax <i>Surgeon Lieutenant Commander R J Guy, Surgeon Commander N P J Cripps and Surgeon Lieutenant Commander M A Glover</i>	79
<b>Operational Medicine</b>	
HM <i>Illustrious</i> , Ocean Wave 97 and the Medical Branch <i>Surgeon Commander R M C McNeill-Love and Surgeon Lieutenant Commander S A Stapley</i>	87
Operation Resilient — A Medical Officer's View <i>Surgeon Lieutenant E Tickle</i>	93
<b>Training</b>	
Medical Officer Training in the Royal Naval Reserve — Past and Present <i>Surgeon Commander W M Luke RNR</i>	97
RNRM Surgical Team Exercise Clockwork North, Norway 1998 <i>Leading Naval Nurse K Eves</i>	105
<b>History</b>	
Prevention of scurvy in the Royal Navy <i>Dr D P Thomas and E M Bardolph</i>	107
Book Reviews	110
Obituaries	113
Service News	116
Notices	120

Cover illustration: Ocean Yacht Racing Medic Surgeon Commander Campbell Mackenzie and his son, Angus, round Cape Horn during the 1992 British Steel Challenge round the world yacht race (see paper on page 71)