

Neither the Ministry of Defence nor the Editorial Commitee of the JRNMS accept responsibility for statements made or views put forward in this Journal including advertising material therein ISSN 0035-9033

Contents

Editorial M A Howell	100
Accessing the online archive for the Journal of the Royal Naval Medical Service Surg Lt Cdr D Angus	101
Special Feature	
Maritime in transit care PO G Bott, MA J Barnard, Surg Cdr K Prior	104
The operational role of the Royal Marines Band Service during the contingency era: lessons from Op GRITROCK <i>Musn CR Brisley, Musn A Duggan</i>	107
Devising a training programme and reviewing the lessons identified during the contingency operations on board the Role 3 Maritime platform <i>Lt Cdr AM Clarkson</i>	110
PCRF Pathology, Op GRITROCK – A biomedical scientist's perspective WO1 (MT) JP Robinson	113
Platelet apheresis in a deployed maritime environment: experiences from Operation GRITROCK CPONN MA Robinson, PONN MJ Bailey	116
Medical supply on contingency military operations: experience from Operation GRITROCK WO1 (MT) JP Robinson	119
From RAF to RN – the transition from Princess Mary's RAF Nursing Service (PMRAFNS) to Queen Alexandra's Royal Naval Nursing Service (QARNNS) <i>Lt SK Masawi</i>	122
Nurse-delivered focused echocardiography to determine intravascular volume status in a deployed maritime critical care unit Surg Cdr S Hutchings, LNN L Bisset, Lt Cdr L Cantillon, Lt P Keating-Brown, Lt S Jeffreys, Cpl C Muzvidziwa, CPONN E Richmond, Surg Cdr P Rees	124
Expedition Medicine	
A practical guide to expedition medical planning Capt D Wilkins RAMC, Capt C Handford RAMC, Col A Nicol L/RAMC	
Medical reconnaissance for the Defence Medical Services Dhaulagiri Expedition 2016 Flt Lt J Winchester, Flt Lt B Coombs	134
Exercise HIMALAYAN SERPENT: feedback article Capt K France RAMC, Surg Cdr A Mellor	138
Lessons learned while undertaking high altitude medical research in the Himalayas 2nd Lt J Mackey RAMC, Surg Cdr A Mellor	143
Clinical Research	
A systematic review of the use of tourniquets and topical haemostatic agents in conflicts in Afghanistan and Iraq Surg Lt Cdr AC Mawhinney RNR, Mr SJ Kirk	147
Clinical Reviews	
What do we need for airway management of adult casualties on the Primary Casualty Receiving Facility? A review of airway management on Role 3 Afloat	155
Surg Cdr SJ Mercer, Surg Cdr J Read, Maj S Sudheer, Surg Cdr JE Risdall, Surg Cdr D Conor	199
The management of unexplained collapse in service age personnel	160
Surg Lt AS Martin, Surg Lt Cdr IA Edgar, Lt Col J Walker	100
The management of acute seizures in Naval Service personnel Surg Lt M McLellan, Surg Cdr DA Freshwater	167
Abdominal hernias: a clinical review of their assessment and management in the Naval Service Surg Lt Cdr S Roy, Surg Cdr M Khan	177
Lower limb stress fractures in military training Maj AM Wood RMR, Ms A Porter	182
Recent changes in hypoxia training at the Royal Air Force Centre of Aviation Medicine Surg Lt Cdr A Wrigley	186
Case Report	
A brown dog tick (Rhipicephalus sanguineus) bite at sea Surg Lt E Stacjpw RN	188
Conference Reports Military Health Systems Research Symposium 2012 Surg Lt Cdr J Penn-Barwell	192
Report from Association of Surgeons in Training Surg Lt C Swain	194
Book Review	195
Obituaries	196
Service News	198